



LOUISIANA EYE & LASER

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Phone: 318.487.2020 | Toll Free: 1.877.861.7770

Instructions for Post-Op Cataract Surgery

Please be aware that following your surgery, medication has been placed in your eye which will reverse the surgical dilation. This will make your pupil very small for one or two days. In a dark room, the pupil will not dilate, which may cause you to feel as though your vision is much darker in the newly operated eye than in your other eye. This is normal, and you should not be concerned. As soon as this medication wears off, your pupil will return to its normal size and shape, and your vision will appear brighter. If you begin to experience any pain following surgery, please call our office at 318-487-2020 or 1-877-861-7770.

AFTER YOUR SURGERY

Continue using the following drops in your surgery eye: Use (1) drop of **Vigamox** and **Prednisolone** four (4) times a day until empty. Wait ten minutes, then use (1) drop of **Ketorolac** each morning until empty.



Vigamox, 4 times a day



Ketorolac, 1 drop in the morning



Prednisolone, 4 times a day

WHAT NOT TO DO AFTER YOUR SURGERY

- Do **NOT** rub or apply pressure to the operated eye.
- Do **NOT** apply makeup on or around the operated eye for one (1) week.
- Avoid lifting any item more than forty (30) pounds for one (1) week.
- Avoid straining or other strenuous activity for two (2) weeks.
- Do **NOT** swim with your head under water for two (2) weeks.
- Stay out of dusty environments for two (2) weeks.

WHAT YOU CAN DO AFTER YOUR SURGERY

- You may use your eyes as usual in everyday activities, such as reading, watching television, or walking outdoors.
- You may resume non-strenuous household activities.
- You may wear sunglasses or protective dark glasses in bright light.
- You should wear your metal eye shield at night or when napping for one (1) week.
- You should continue to your eye as listed above until you have used **ALL** of the drops.
- You may use artificial tears for comfort as needed.