



PRE-OPERATIVE INSTRUCTIONS FOR BLEPHAROPLASTY

If you are having surgery at the hospital you will be contacted the day before and given your time of arrival.

Your surgeon will tell you how many days before your surgery to **discontinue** all blood thinners. These blood thinners include: Aspirin & Aspirin products (Excedrin, BC), Coumadin, Mobic, Plavix, Fish Oil (Omega 3), & Vitamin E.

- Avoid taking Aleve and Motrin prior to your procedure. Take only Tylenol if necessary.
- Avoid consuming alcohol the day before your procedure.
- Do **NOT** wear your hair in a bun, clip or ponytail.
- Do **NOT** wear any makeup or moisturizers on the day of the procedure.
- Please arrange to have someone with you on the day of your procedure. You **WILL NOT** be able to drive yourself home following surgery.
- If you are given a prescription when your surgery is scheduled, please be sure to have it filled before the day of your surgery.

If you are unable to keep your appointment, or you need to reschedule, we ask that you contact one of our Patient Service Representatives at least 24 hours prior to the scheduled appointment at 318.487.2020 or toll free at 1.877.861.7770. Thank you for your patience, cooperation and for choosing Louisiana Eye & Laser Center for your eye care needs. We look forward to serving you and your family!

Sincerely,
Louisiana Eye & Laser Center Team