

## LASIK PREOPERATIVE INSTRUCTIONS

We will call you with your time of arrival a few days prior to surgery. To help produce the best outcome from your LASIK procedure, please follow the pre-operative guidelines listed below.

### Before Surgery:

- Review and sign consent forms.
- Start **Prednisolone** 1% 3 days prior to surgery. Use 4 times a day in operative eye(s).
- Begin the **Vigamox** antibiotic eye drops the day before your surgery. Instill one drop 4-5 times in the surgery eye/eyes before bedtime. (Drop(s) at 5pm, 6pm, 7pm, 8pm, 9pm)
- Wash your face thoroughly removing all traces of make-up (Baby shampoo along lash line can be used to ensure all eye-liner and mascara is removed).
- Gently wipe the lids with the Ocusoft lid Scrubs
- Do Not apply moisturizer or eye rejuvenation serum/gel on the eyelids or around the eyes.

### Morning/Day of Surgery:

- Wash your face the morning of the surgery and gently wipe the lids with the Ocusoft lid Scrubs.
- No make-up or moisturizer on/around eyes.
- No cologne or perfume (The fumes may interfere with the laser beam.)
- You may want to dress warmly as the surgery room is cool.
- You will be given 10mg of Valium on the day of your surgery.
- You must have someone to drive you home after your procedure.
- Bring your consent forms and drops with you on the day of surgery.

If you are experiencing symptoms associated with COVID-19, have been exposed to someone that has COVID-19, unable to keep your appointment, or need to reschedule, we ask that you contact one of our Patient Service Representatives at least 24 hours prior to the scheduled appointment at 318.487.2020 or toll free at 1.877.861.7770